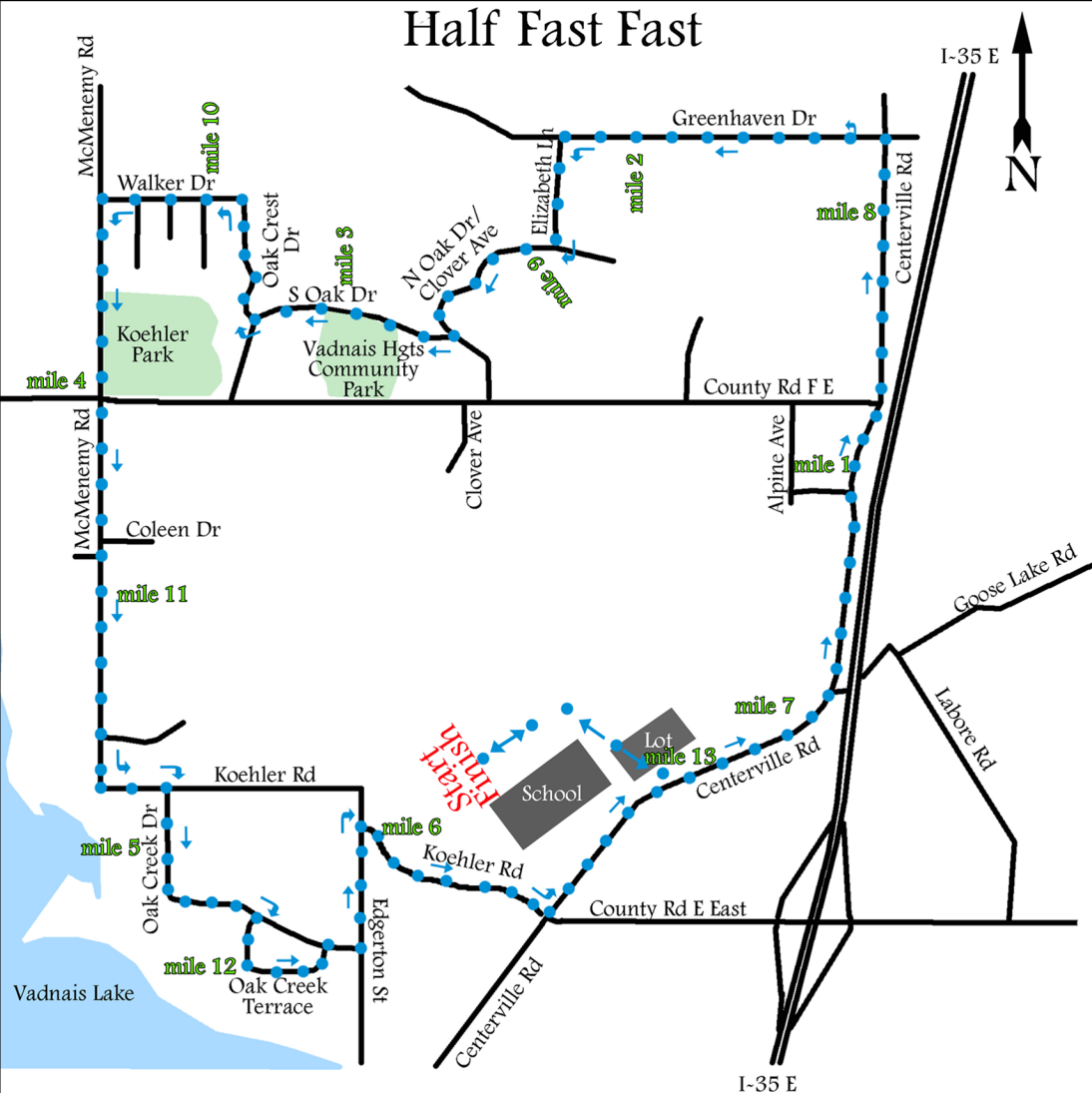


Half Fast Fast



Description: Runners begin behind the Vadnais Heights Elementary School and proceed along path and through the lot to turn N (L) onto Centerville Rd. Runners turn W (L) onto Greenhaven Dr, S (L) onto Elizabeth Ln and then turn W (R) onto N Oak Dr which becomes Clover Ave. Turn W (R) onto S Oak Dr and N (R) onto Oak Crest Dr. Turn W (L) onto Walker Dr and S (L) onto McMenemy St. Runners turn E (L) onto Koehler Rd, then R (S) onto Oak Creek Dr which bends E. Turn R (S) onto Oak Creek Terrace and follow that S, E, and N to turn E (R) back onto Oak Creek Dr. Turn N (L) onto Edgerton St, then E (R) onto Koehler Rd and NE (L) onto Centerville Rd. Repeat the loop again, and on the second loop return W (L) into the Vadnais Heights Elementary School parking lot and back behind the school to finish.
 Restrictions: Runners are limited to the shoulder of the road against traffic at all times other than in the parking lot of the elementary school

Half Fast Fast 5K Route

